



## YMR — PRIME POLARISATION

*Quod est superius est sicut quod inferius,  
et quod inferius est sicut quod est superius.*

*That which is above is like that which is below,  
and that which is below is like that which is above.*

**The second verse of the Emerald Tablet.**

In the chapter *Prime Action – Divine Applause* of the book *Reality Mirrors You*, I described what the primary action would be — polarization and depolarization. I was guided by the idea that the primary action must be something extremely simple in concept. Observing our reality, whatever that may mean and on all its levels, we simplify the processes we study and attempt to define. By defining, we try to generalize; however, simplification and generalization do not go together.

As a result, equations become increasingly complex, and beyond that, new concepts are introduced that are incomprehensible to the average person with a standard education. When I was in elementary school, we were taught that the ancient Greeks attempted to explain the world they knew through philosophy and theoretical discussion, without the need for experimental proof. We also learned that physics, chemistry, and the other natural sciences are based on experimental verification and the repeatability of results.

This approach made sense until the natural sciences stepped into the study of phenomena for which we have not yet developed the technology to verify the mathematical models we propose.

I still own a high school physics textbook printed in the early 1970s. If I were to show today what it says about each planet of the Solar System, many would laugh at how mistaken those assumptions were. From then until now, almost without exception, wherever a spacecraft or probe has been sent, unexpected discoveries followed.

We dare to define the smallest possible length and name it after the scientist who defined it — the Planck length. We use constants from this level of our existence and apply them to magnitudes we cannot comprehend, assuming that the same values and parameters apply at that scale. We measure the amount of matter in the universe while continuously discovering new galaxies. Was this not an impossible and flawed approach from the very beginning?

I am an inventor, a researcher, and an experimenter, and I have often encountered situations where I incorrectly explained an effect that was not the subject of the experiment itself. I would then design new experiments to determine whether my explanation was correct. Errors are easily made if one is not equal to the task. Just as two routes to different cities may share a portion of the same road, two different phenomena may share a number of identical parameters, which can lead to incorrect conclusions.

For these reasons, I decided to search for a simple action, because **PRIME ACTION** must be simple. This simple action repeats itself endlessly and multiplies across all levels. Its rhythm changes, but the principle always remains the same. That principle is polarization and depolarization.

I chose the following example as an analogy for this action. Imagine that you bring both palms together, forming a symmetrical shape. This is now a neutral form — there is no defined left or right palm. To separate the palms, energy is required. By separating this symmetrical whole through dichotomy, we obtain a defined left and right palm. This is a polarized state. Between them, an attractive field is formed. This does not necessarily have to be an electromagnetic or gravitational field — let us leave that aside and focus on the principle. This attractive field causes the palms to come together again into a single, undefined whole. In this process, energy is released, and the cycle repeats continuously. I called this **DIVINE APPLAUSE**.

I could have used breathing as an analogy — inhalation and exhalation — and named it **DIVINE BREATHING**, but I abandoned that idea because the analogy with the palms was much easier to explain.

I will not suggest who or why produces **PRIME ACTION**, nor whether anyone produces it at all. I leave that to the reader to determine, if it even needs to be determined.

## **PRIMARY POLARIZATION**

Polarization arises from an undefined or neutral state. I imagine consciousness itself polarizing, with one pole acquiring identity and becoming “I.” From a neutral point, an opposing pole emerges — let us temporarily call it “YOU.” When depolarization occurs, the state returns to “WE” (also a temporary term). In this case, “YOU” represents reality for “I.”

This is the simplest form of polarization, which over time develops into everything we now experience as reality. “WE” becomes increasingly complex, and polarization evolves into “I” and “THEY,” or “ALL.” Universal consciousness polarizes into “I” and “MY REALITY,” while the neutral point also develops and becomes “MY BODY,” which “I” and “MY REALITY” use as a *camera obscura* (pinhole camera).

“I” uses “MY BODY” as a drone, avatar, or pivot to communicate with “MY REALITY.” When “I” and “MY REALITY” seemingly “collide” with “MY BODY,” depolarization occurs. The body, with all its known and unknown senses, is an extremely complex tool within the processes of polarization and depolarization. Disabling the senses, individually or collectively, leads to depolarization. However, the body does not act independently — it is influenced either by “I” or by “MY REALITY.”

Simply closing the eyes produces partial depolarization and alters the state of consciousness. “I” has no location, no time, no form. In fact, neither does “MY REALITY,” but an illusion is created that it exists in space on the other side of “MY BODY.”

For me, as an individual experiencing this reality, **PRIMARY POLARIZATION** can be literally expressed as:

**I – MY BODY – MY REALITY.**

Anyone can say the same for themselves, because primary polarization is not unique. Polarizations are products, not sources. Through polarization and depolarization, “ALL” breathes and lives.

Because of this structure, according to the simple laws we observe everywhere around us — such as Archimedes’ law of the lever, Pascal’s law in hydraulics, optics, and similar principles — “I” can project through “MY BODY” into “MY REALITY,” or react (reflect) to an action coming from the opposite direction. As with the law of the lever: when an action occurs at one end, a corresponding mirrored action simultaneously occurs at the other.

It must always be kept in mind that the state of consciousness when “I” projects and when it reflects into its reality is not the same. Just as in earlier times, the first radio connections could not transmit and receive messages simultaneously. If I recall correctly, the WeChat application initially had a similar limitation in voice communication.

“I” can consciously or unconsciously enter a temporary state of projecting its reality and then return to the usual state in which it most often resides.